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# Be You-T-Full: Looking Your Best With Botox, Lasers And Other Magical Cosmetic Treatments: 1



## **Synopsis**

Have you started to notice new wrinkles and more brown spots on your face lately? Are you asking yourself, "How can I look better?" Are you prepared to take charge? Do you want to learn the secrets that keep women (and men) looking younger, longer? If you answered yes to any of these questions, then this is the book for you or anyone who wants to look their best at any age. Start Reading and Turn Back the Clock. Inside this book, you will find easy to understand, helpful tips on skin care, cosmetic treatments, sun protection, and beauty tips, just to name a few. Understanding the pros and cons of confusing cosmetic treatments like Botox, fillers and lasers is easy with this informative and humorous book. Dr. Beth Haney will guide you through the maze of medical cosmetic treatments and empower you to make intelligent, informed decisions on evaluating your options, and help you choose the correct solution.

## **Book Information**

File Size: 620 KB

Print Length: 161 pages

Publisher: Dr. Beth Haney; 1 edition (October 31, 2012)

Publication Date: October 31, 2012

Sold by: Digital Services LLC

Language: English

ASIN: B00B90ZVU4

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Not Enabled

Best Sellers Rank: #356,039 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #52 in Books > Health, Fitness & Dieting > Aging > Beauty, Grooming & Style #260 in Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Personal Health > Aging #578 in Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Beauty, Grooming, & Style

## **Customer Reviews**

This book is an absolute must read for women and men who are troubled with their skin aging or otherwise. I have always been one of those people afraid of needles and injections with no good reason because the truth is that I have always had problem skin my entire life - acne, sensitivity and

now wrinkles and scarring. I have been sold every product on the market with the promise of perfect skin and regained youthfulness. Recently I have been contemplating botox, injectables, chemical peels and laser surgery. This book has given me the insight needed to make an informed decision based on the latest information. I have been longing for a book like this - thank you, thank you, thank you.

As a baby-boomer wanting to age gracefully, though not too quickly, Be You-T-Full gave me lots of tips for looking my best. I was surprised to learn just how little I knew about the different products & procedures that are available. This book explained the many options so clearly, including their realistic results, down-time, & approximate pricing. It's a great reference for anyone considering botox, laser treatments, and/or other non-surgical improvements.

I loved the book! It explained the pros and cons of cosmetic procedures and current trends in cosmetic makeovers and was fun to read. The information was very informative for a person considering a procedure and not sure what is the best alternative. The book presented a lot of information on various procedures and also how to keep your skin and body healthy throughout the aging process. I enjoyed it and would recommend it.

I've always been skeptical about any cosmetic treatments and swore I'd never do anything to my face as I got older. But never, say never. This book gives you a great overview of the various types of treatments that are available. I found the information very useful and I am definitely more open minded to the possibilities than I was before.

It gives the lay person great information about what is available in aesthetic medicine and the pros and cons of the product.

An easy enjoyable read with lots of information about beauty treatments available. The information is given in an understandable format. A must for anyone who considering any treatments.

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